

SAMS Congress Programme 2010 (Subject to change)

Thursday 25 February 2010

08h00	REGISTRATION OPENS FOR PRE-CONGRESS WORKSHOPS	
09h30 - 15h30	WORKSHOP A: North American Menopausal Society (NAMS) Academic course (09h30 - 12h00) and exam (13h30 - 15h30)	
09h30 - 15h30	WORKSHOP B: Osteoporosis	
09h30 - 15h30	WORKSHOP C: Imaging assessment in the menopausal woman	
12h30 -13h30	Lunch	
15h00	REGISTRATION OPENS FOR SAMS CONGRESS 2010	
18h00	Opening keynote address	Speaker TBA
19h00	Entertainment & cocktail function in exhibition hall	

Friday 26 February 2010

07h00 - 08h15	Breakfast symposium (sponsored by Servier)	
	Osteoporosis	Serge Ferrari
07h00 - 08h15	Breakfast symposium (sponsored by Adcock Ingram)	
	Topic TBA	Speaker TBA
08h30 - 08h40	Welcome	Theo Kopenhagen
	SAMS appreciation of Wulf Utian and opening of congress	Paul Dalmeyr
08h40 - 09h15	Menopause, hormones, pendulums, circles and wheels	Wulf Utian
09h15 - 09h50	Endometrial protection with hormone replacement and tamoxifen therapy	David Sturdee
09h50 - 10h25	Hormone therapy and the heart	Cynthia Stuenkel
10h25 - 11h00	Keeping the dose as low as possible	Nick Panay
11h00 - 11h20	Tea	
11h20 - 11h55	Cerebral senescence and cognition	Pauline Maki
11h55 - 12h30	Osteoporosis therapy, the way ahead	Serge Ferrari
12h30 - 13h05	Endoscopy in the menopause	Martin Farrugia
13h05 - 14h00	Lunch	
14h00 - 14h35	Hormone therapy: The NAMS 2010 position statement	Wulf Utian
14h35 - 15h05	Self esteem and sexual dysfunction in ageing men	Bernard Levinson
15h05 - 15h35	Sexual dysfunction in aging women	Carol Thomas
15h35 - 15h55	Tea	
15h55 - 16h25	Androgen replacement in menopausal women	Percy Moodley
16h25 - 16h55	The female athlete after 45 years of age	Alice Shaw
16h55 - 17h25	Do men also pause?	Sid Hirschowitz
19h00	SPEAKERS' DINNER (by invitation only)	
	Free evening for all delegates	

Saturday 27 February 2010

07h00 - 08h15	Breakfast symposium (sponsored by Novo Nordisk) The way forward in menopausal therapy – Ultra low dose	David Sturdee
07h00 - 08h15	Breakfast symposium (sponsored by Ethicon) Topic TBA	Martin Farrugia
08h30 – 09h00	Perimenopausal bleed; Hysterectomy, ablation or patience?	Mike Davey
09h00 – 09h30	Management of postmenopausal ovarian cysts	Trudie Smith
09h30 – 10h00	Hormone therapy in women with BRCA Gene Mutation	Anthony Koller
10h00 – 10h35	The oncogenic potential of HRT	Franco Guidozzi
10h35 – 11h00	Tea	
11h00 – 11h35	Premature ovarian failure	Nick Panay
11h35 – 12h05	The perimenopause: Fertility, contraception and management of symptoms	Jay Bagratee
12h05 – 12h35	Eating disorders in middle-aged and older women	Christopher Szabo
12h35 – 13h10	Bioidentical hormones, myth or magic?	Theo Kopenhager
13h10 – 14h10	Lunch	
14h10 – 14h35	Non-surgical management of urinary incontinence <u>DEBATE</u> : To mesh or not to mesh? That is the question.	Paul Swart
14h35 - 15h00	Not in favour	Stephen Jeffery
15h00 - 15h25	In favour	Alan Alperstein
15h25 - 15h40	Q&A	
15h40 - 16h00	Tea	
16h00 - 16h35	Pelvic imaging in menopause	Speaker TBA
16h35 - 17h10	How dangerous is the ageing doctor?	Chris Lundgren
19h00 for 19h30	GALA DINNER	

Sunday 28 February 2010

08h30 – 09h05	Other neurological disorders & estrogen	Pauline Maki
09h05 – 09h40	The importance of lifestyle beyond 45 years of age	David Sturdee
09h40 – 10h10	Anxiety and depression beyond 45 years of age	Mike Ewart-Smith
10h10 – 10h40	The oral cavity and teeth; From young to old	Peter Cleaton-Jones
10h40 – 11h00	Tea	
11h00 – 11h35	Top 10 stories in menopause of 2009	Cynthia Stuenkel
11h35 – 11h50	HRT in South African women and breast cancer	Carol-Ann Benn
11h50 – 12h20	Vitamin D: Benefits beyond bones	Tobie de Villiers
12h20 – 12h35	Dynamic Angiothermography of the breast	Greta Dreyer
12h35 – 12h50	An audit of the Out Patient Hysteroscopy Unit at Albert Luthuli Hospital	Suren Ramphal
12h50 – 13h20	Back to the future	Johan Van Waart
13h20 – 13h30	Closing remarks	Paul Dalmeyr